





Sunday 5th May 2024 www.northtynesidecatholic.org.uk/

Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 Our children and staff were very busy as always last week as they went on trips and welcomed Sir Alan Campbel to St. Cuthbert's to talk about democracy, elections, the job of an MP and how they can continue to make a massive difference to our world. We have lots planned for the rest of this term and will be inviting you to join us at school.

Congratulations to year 4 who have won our attendance of the week stars trophy with 98.7%- they will have an extra playtime next week! We work hard with families and partner agencies to make sure every child achieves the best attendance they can. Can we remind all families that we ask you to contact school when your child is absent from school for any reason at all. There is information about the impact of attendance and punctuality on your child's education available on our school website, you can find it on the Attendance and Term Dates page.

Class	%
Reception	94.7
Year 1	95.9
Year 2	95.0
Year 3	96.3
Year 4 😋	98.7
Year 5	94.5
Year 6	95.8
Whole school	95.9

Year 5 took part in an orienteering challenge day at The Rising Sun Country Park last Thursday with other primary schools from across North Tyneside. Whilst other schools took coaches to the event our children cycled and had a day full of fun. After completing the challenge which involved exploring over 4 miles of country track, they had a picnic lunch and went den building. Thank you to the North Tyneside PE team for organising the event which everyone thoroughly enjoyed!









Year 1 were also out and about last week on their trip to The Discovery Museum in Newcastle to explore the topic of bridges, especially bridges that cross the River Tyne. They explored the history of bridges and found out that the Swing Bridge gets painted a different colour each time it is painted, that Robert Stephenson designed the High Level Bridge and that it was the first bridge in the world with two levels allowing cars and trains to cross it! Thank you to all the families who came along supporting the trip, it is brilliant to see so many people with us and your support makes trips like this possible.













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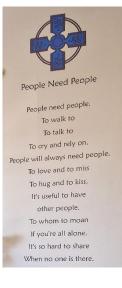
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Compassion Matters looks at all aspects of life, how we treat each other, what we do to help make our world a better place for everyone and how to use our voices for good. Over the past two weeks children have been learning about democracy, the election process, the role of local councils, national government, MPs and councillors. Our year 6 children wrote to Sir Alan Campbell MP inviting him to St. Cuthbert's to talk with him about issues that matter to them- support for children's mental health, access to improved parks and leisure facilities, support for children and families in need and to talk about the UNICEF Rights of The Child. Sir Alan visited St. Cuthbert's last Friday and he met with all our children and staff. The children spoke to him about St. Cuthbert's and everything they do including outdoor learning, cycling, and all the community activities and events they are involved in. They also spoke to him about being a UNICEF Gold Rights Respecting School and a truly diverse and rich community. Sir Alan was great and also and told explained the democratic process to the children and answered all their questions, inspiring more questions about how they could become local counsellors and MPs! Once again the children and staff of St. Cuthbert's left a fantastic lasting impression on our guest who said he thought the children were very well-informed and that the way they sang was very touching as it was clear the children love what they are doing. We are all very proud of our children and staff at St. Cuthbert's, they are proper young activists who care for all people! Over the next few weeks our Compassion Matters session will use the beautiful People Need People poem by Benjamin Zephaniah as inspiration for discussion and work around the message that you see throughout St. Cuthbert's- People Need People. The poem and work around it will look at the power of people working and being together and look at how, when we connect with other people, we can do fantastic things for the good of everyone. This global message fits perfectly with Pope Francis' message in Fratelli Tutti- Sisters and Brothers All. In Fratelli Tutti Pope Francis asks all people in the world, to recognise that we are all interconnected and should be a society that treats everyone with care, dignity and compassion: People Need People.

















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Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 If you have any concerns about your child's, or another child's safety, including their online safety, or questions about behaviour we always ask that you speak to us at school. It is important that we are part of discussions that may be happening around children's behaviour and welfare. We record



incidents and concerns electronically on our CPOMS system and we work very closely with Clennell Education Solutions to make sure all our staff are up to date with the best safeguarding training available and to

provide leading professional advice when requested. This means that we have a broad picture of anything that is happening at school and, with your help, we can make sure any concerns are addressed quickly and do not escalate or lead to children or families falling out. If you have a concern that you feel needs attention immediately, and it is outside of normal school hours, you can contact the North Tyneside Safeguarding Team's Front Door service on 0345 2000 109 during office hours or 0330 333 7475 during the evening or at weekends. We work in partnership with the team and they will inform us at school of any referrals made to them during weekends, evenings, and holidays when school is closed. You can also find out more information about safeguarding in North Tyneside on their website and our school website.

Can we also remind all families that you must let us know who is collecting a child after school if you, the person who would normally do the collection, isn't? If you need to change arrangements at the last minute please phone the school office and let us know, this helps avoid asking the person who has come to collect the child waiting around unnecessarily and helps us ensure all our children are where they are supposed to be. If the person collecting your child is someone we don't know or haven't met often we may ask you for a word or phrase that they can repeat to us, therefore confirming who they are.

As a school St. Cuthbert's were involved in being part of the management committee that set up the **PACT** MumSpace group that runs in North Shields. MumSpace is a warm, welcoming, friendly group, for mothers run by



mothers. MumSpace is a charity run so free to join. Within the group, mums have half an hour of "their time" whilst the amazing volunteers look after the children. This space and time can be used to have a hot cup of coffee and a chat, talk to other mums alike, or invite outside organisations in to give advice, it's the mothers' space it's up to them to decide what to do with it. The group is for pregnant mums or mums with children up to the age of 4. MumSpace is run on a Thursday morning from St Cuthbert's Church from 9.30-11am or Tuesday afternoon 12.30-2pm at St Luke's Church in Wallsend on Frank Street just off the Metro station. For more information see their Facebook page = MumSpace North Tyneside or contact Wendy McConnell at 07950426786 or wendy.mcconnell@citizensuk.org As part of our work with PACT we are inviting families with children between the ages of 2 and 4 to join us for our Book Sharing Course which we are hosting at school with Wendy.

The sessions take place at school from 2.15pm- 3.15pm. We have run these sessions in the



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We are asking all families to make sure you pre-order your children's lunches as this is the only way to ensure they get what they want each lunchtime. All children who have a school lunch must pre-order- this includes children in Reception Class, Year 1 and Year 2 who are all entitled to free school meals through the Infant Free School meals scheme. Thank you once again to everyone who has signed up for your Appetite account and to everyone who is using it to pre-order children's school lunches. It is very, very important that you get your account set up as it allows you to see the menu for the coming weeks, including all the dietary and nutritional information you might want to see. No child will ever be left hungry and the staff in our kitchen know all our children well. If you have any questions about the new school meals system or menu, or need help with the app or using the Appetite service online, please get in touch with us at school.

We get lots of questions at school about keeping children safe online when they are away

from school. We have begun information posters from National Online Safety and these will be helpful as they provide up-to-date advice on how to manage different services and apps for children at home. The Think You Know website is also very useful for advice and information and you can find it by clicking the link below. The site is aimed at adults and the subjects are about keeping children safe online.

https://www.thinkuknow.co.uk/parents/



We would like to remind families that we have a no-jewellery policy for children at St. Cuthbert's, the only exceptions to this are that children can wear a watch and if they have their ears pierced they can wear a small stud- not hoops. Can you please make sure your child doesn't wear any jewellery to school, especially on their outdoor learning day when a few have started to wear chains, necklaces, or bracelets. Outdoor learning day clothes should be old clothes, suitable for the weather, that will get dirty and, most likely smell of smoke by the end of the day.

Can we please remind families that for all classes from reception through to year 6 the school day has a 'soft start' meaning that the school gates and doors will open at 8.40 am and children should go straight to their class when they come on to the playground from 8.40 am. The doors and gates then close at 8.55 am when all children should be in their class- anyone who arrives at school after 8.55 am should come to school through the main office. Children cannot wait alone on the playground or at school gates before 8.40 am as all staff are supervising gates, doors corridors and classrooms with teachers beginning their teaching at 8.40 am. Can we also remind everyone that no adults should be in the school building in the morning or at the end of the school day. If you need to speak to a class teacher you can contact them through Tapestry, phone the school office to make an appointment or pass on a message or catch them at the end of the school day once all children have been passed over to their families. Our school day ends at 3.25







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Thank you to everyone who is using Easyfundraising.

There are no catches to using the site, you don't need to share bank or payment details, just sign up and choose to support St. Cuthbert's. all you then need to do is search for your chosen store or seller on the easyfundraising site and



do your online shopping as normal. If you are booking a holiday, buying any insurance, changing internet suppliers, mobile phone providers, etc. online, and doing so through the site they make quite big donations to school! It's really easy to get set up and running, all you need to do is:

- 1. Head to https://www.easyfundraising.org.uk/causes/stcuthbertsrcprimary/and join for free.
- 2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
- 3. After you've checked out, that retailer will donate to St. Cuthbert's at no extra cost to you whatsoever!

There are no catches or hidden charges and we would be grateful for your support and donations which will go towards all our children.

Thank you to everyone who has been using Tapestry, our keepingintouch@stcuthbertsrcprimary.co.uk email, and school phone to keep in touch with school staff. Lines of communication must be kept as open and honest as possible between school and home as we work hard to keep our open-door policy and approach going by making so many ways to keep in touch available. As highlighted in the past we don't use Facebook or WhatsApp or any other social media apart from Twitter (which we don't use to answer questions), and we won't be setting up accounts on either medium. If you have any questions, or concerns, or need to chat with a member of staff at school please make sure you use one of three methods we have put in place:

- Message a member of staff on Tapestry with messages regarding work, arrangements for the school day for your child, etc. All staff have access to Tapestry.
- Email keepingintouch@stcuthbertsrcprimary.co.uk. You should email this address if you want to discuss or inform of us anything that is more confidential. Emails to this address are only read by Mrs. Cottiss and Mr. Dillon. Please do not use this email for day-to-day things like questions about what is happening at school. We cannot guarantee that your question will be answered on time this will only happen by contacting the school office.
- Phone 0191 691 9876 and arrange an agreed time to chat with someone. Use the school phone number to advise us of absence from school, and for questions about day-to-day things. Phoning school during the school day remains the best way to get in touch.

If you have not yet activated your Tapestry account or if you are having trouble accessing it please let us know as soon as possible. Tapestry is one of the main ways we keep in touch with families and it is important that you can receive messages and posts from it even if you don't use it a lot yourself.

There has been a great deal of interest in our apprenticeships that have been advertised, you can find more information about the teaching assistant and admin assistant roles on our school website.

Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 If you haven't joined our school lottery yet it is really easy and gives you a chance of winning our school jackpot each week and gives you an entry to a much bigger weekly jackpot. All profits from the lottery go towards helping us make sure our children continue to have the fantastic opportunities they get every week at St. Cuthbert's. Our weekly prize currently stands at £19.80, you will also be entered into a national school lottery for a £25,000 draw each week. You can sign up at

https://www.yourschoollottery.co.uk/lottery/school/st-cuthberts-rc-primary

We work continuously with all staff and children to keep children and everyone at St. Cuthbert's safe at all times. Our new Child Protection and Safeguarding Policy 2023/24 is on our school website, https://www.stcuthbertsrcprimary.co.uk/safeguarding and it outlines our approaches and policies to safeguarding throughout school. You will also find a copy of our safeguarding policy that we share with the children. It has been written to be accessible to the children and goes alongside all the work we do with them throughout the year. We teach safeguarding and staying safe through many different subjects and you will see the weekly online safety posters we add to every newsletter that we send out. Throughout the year we also have online safety lessons with all children and these range in topic from what to do if a child feels unsafe, how to create the best usernames and passwords and how to judge if the information you are reading or watching is genuine and accurate. We also hold online safety sessions for families each year to help you keep your children safe online at home. If you have any questions about safeguarding at St. Cuthbert's please get in touch by emailing keepingintouch@stcuthberts.email or speaking to Mr Dillon or Mrs Cottiss who you can find on the school playground at the start of each day or by phoning the school office.

Thank you for your amazing continued support, stay safe and God bless, Shaun Dillon







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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This auide focuses on one of many games which we believe trusted adults should be aware of, Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about OFCOM'S 'CHILDREN AND PARENTS: **MEDIA USE AND ATTITUDES'**

Each year, Ofcom – Britain's regulatory body for communications – produces an overview of children and parents' media experiences across the previous year. The latest version has just been released, and we've pulled out some of the report's most thought-provoking findings which relate to online safety ...









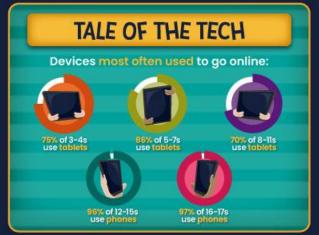


Most used by under-18s were ...





PLAYING GAMES ONLINE Who's playing - and at which age? **90** 0









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Children should come to school wearing their PE kit on their PE day.

PE	
Day	Class
Monday	Reception
Tuesday	Year 2
Wednesday	Year 1
Thursday	Year 5, Year 3 and Year 6
Friday	Year 4

We are still working on the Roundhouse area as the heavy wind and rain slowed the work down over Easter. Children will still have their outdoor learning days and these will take place at the Roundhouse when it is available. If it is out of bounds for any of their sessions they will still be outdoors so will still need to wear clothes that you don't mind getting dirty.

Roundhouse/ Outdoor Learning Dates	
Nursery	(Tuesdays) 07/05/2024, 21/05/2024
Reception	(Tuesdays) 07/05/2024, 21/05/2024
Year 1	(Fridays) 10/05/2024, 24/05/2024
Year 2	(Fridays) 10/05/2024, 24/05/2024
Year 3	(Wednesdays) 08/05/2024, 22/05/2024
Year 4	(Wednesdays) 08/05/2024, 22/05/2024
Year 5	(Mondays) 20/05/2024
Year 6	(Mondays) 20/05/2024



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Do you want to improve your child's health?

Our 10 week programme supports you and your family to make healthy lifestyle changes together.

Interactive sessions are delivered by an expert and friendly team and focus on nutrition and physical activity to give you and your family a real boost.

The team delivers family programmes for two different age groups:

Ages 4-7 years old Ages 8-14 years old











- Simple food swaps to reduce fat and sugar intake
- The right size portions for children and adults
- How to understand food labels and afford healthy options
- Opportunities to add run and play into your daily routine

Eligibility criteria applies, please ask for more details.

0191 643 7454 CHAT@northtyneside.gov.uk www.activenorthtyneside.org.uk













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@active_NT

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