



St. Cuthbert's School Newsletter

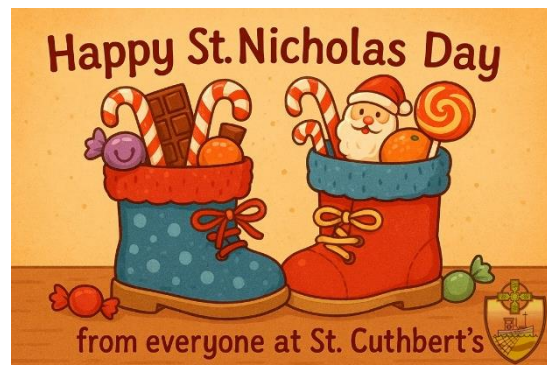
#stcuthbertsns



Sunday 7th December 2025 www.northtynesidecatholic.org.uk/

Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801

Happy St. Nicholas Day to everyone at St. Cuthbert's and our community! We have a wonderfully diverse community at St. Cuthbert's with many different traditions and celebrations. Thank you once again, everyone, for your fantastic support in everything we do throughout the year. Your support is always very clear during the Advent season. Last week, you joined us in large numbers for our second Advent service, for Nativity performances, for our first trips to Fenwick's window, and for our singing performance at the North Shields Victorian Market. We can only do everything we do with your support, and your support makes our community a very special place where we all belong.



Reception Class are our attendance star trophy winners with a score of 98.3% Can we remind all families that we ask you to contact us at school when your child is absent from school for any reason at all. Information about the impact of attendance and punctuality on your child's education is available on our school website. You can find it on the [Attendance and Term Dates](#) page. If your child is feeling unwell and you are unsure about them being in school, the NHS have a page of guidance on the subject, which you can find by clicking on this link: [NHS Is My Child Too Ill For School?](#)



Class	%
Reception	98.3 🍌
Year 1	92.7
Year 2	93.6
Year 3	96.4
Year 4	97.7
Year 5	94.8
Year 6	87.7
Whole school	94.5

Thank you for joining us for our Advent service once again on Friday afternoon. We lit the candle of peace and our prayers for peace are as heartfelt now as they have ever been. The singing at our Advent services gets better and better and we know that we when sing together it is a joyous form of prayer. Thank you for coming to all our Nativities last week also, some people were at all four and we know that everyone who could be there was there. Your support for the trip to Fenwick's Window made the trip possible and I know more families will join us next week as other classes make the trip which is a long standing Christmas tradition at St. Cuthbert's. Our week was rounded off beautifully as children from every class in school took to the stage at the North Shields Victorian Market yesterday to entertain all the Christmas shoppers with their singing. Once again, this was only possible due to the dedication and commitment of our staff and families who work together to give our children these very special and memorable experiences. Events like singing at the Christmas Market, our children singing at St. Mary's Cathedral in Newcastle, our trips to Fenwick's Window and our Nativities show our wider community who we are. Our children show everyone what it means to be part of St. Cuthbert's community, and they live out our mission- be kind, thoughtful and compassionate people who make a positive difference to the world. Thank you!





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Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801. Our children are continuing their work on belonging, community and diversity over the next few weeks in Compassion Matters. Compassion Matters is St. Cuthbert's unique way of exploring what the world means to our children and gives them the language and space to talk about compassion, society, fairness, identity and much, much more. Compassion Matters is something that only St. Cuthbert's does. It is not a programme or scheme, it is ours. Mrs Cottiss leads all the work we do with our staff team, families and children. Every class, every child and every member of our community knows that compassion is something that we can learn, something that we must always work to develop and is something that helps us understand the world around us. At St. Cuthbert's, we believe, incredibly strongly, that all our children have the right to be heard and listened to, the right to play, the right to the best opportunities possible, and the right to make a positive difference to the world around them, and to have this recognised and celebrated. Our staff, families and governors work incredibly hard to give our children as many opportunities as possible to experience their own special place in our community. We know that we have a very, very strong community at St. Cuthbert's, and it stays so strong because everyone works together following a shared vision and a shared goal. We know our school is a very significant part of our community. We know our families and children are a very significant part of our community- they are North Shields. They are the best of North Shields. What we have is a community where every person knows they belong, where every person knows that they are the community. We have a family who joined us recently, and they have spoken about how welcome they have been made to feel. They have also talked about how this is the first time other families have invited their children to parties and to play in the park after school- all within a few days of joining our community. Our children have voices that are as clear and strong as anyone else and we will always work to make sure they have opportunities to be heard and listened to. We believe compassion can be taught and learned, and that behaviours and attitudes can be shaped through example. When we lead with care, understanding, and fairness, we create the community we strive for—a place where everyone knows that people need people and where we all belong.

Look with kindness and you will always find wonder



WE ARE A UNICEF GOLD RIGHTS RESPECTING SCHOOL

Children's rights are learned, understood and lived in this school.



COMPASSION MATTERS





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We have another busy week ahead next week with Christmas parties, Christmas Jumper Day and Christmas Dinner Day! For each party we ask that children bring a plate of their own party food which is wrapped and clearly labelled with their name on it. Can everyone please make sure that children do not have anything containing nuts on their plate as we have children in school who are allergic to nuts. This means no Snickers, Nutella or Ferrero Rocher. If children have anything containing nuts we will have to return it to you at the end of school day. All children can come into school dressed in their party clothes on their party day, even if the party falls on an outdoor learning day. For Christmas Jumper Day please do not buy anything new for children, decorating a jumper or t-shirt is a brilliant way to join in. Here are the party dates for the week.

- Tuesday 9th December AM - Nursery/Reception Xmas Party
- Tuesday 9th December PM - Year 1/Year 2 Xmas Party
- Wednesday 10th December PM - Year 5/Year 6 Xmas Party
- Thursday 11th December PM - Year 3/Year 4 Xmas Party
- Thursday 11th December - Christmas Jumper & Christmas Dinner Day

Thank you for supporting us in using book bags and not large backpacks at school and for making sure children have sensibly sized water bottles. We are delighted that our classes are almost all full but this does reduce the space we have in shared areas. We do not have lots of space, and therefore, we are asking that children just bring a book bag to school each day. If they have a packed lunch then a small lunch bag is good as well. We do not have space for backpacks and other large bags that many children bring to school.



Lots of our children have them and they have very little in them but they take up a lot of space and end up lying on floors in corridors. They actually take up so much space that we have identified them as a fire hazard, as they are blocking corridors because they can't hang on pegs. Can we also ask that children have standard-sized water bottles? We have very limited sink space, and 30 bottles take up quite a lot of space. If children bring large bottles, they are stopping other children from being able to keep their bottles at the sink. I know these things might seem trivial on their own, but multiply each thing by 30 and you can see the problem. I hope that everyone can help with this request, we don't want to get to the situation where we have to ask people to take bags and bottles home. You don't need to buy branded book bags; any green book bag will be great. Book bags are brilliant because they help keep the books clean, dry and less likely to get torn or curled or damaged to the point where we have to ask for a replacement book.

Our SEMH team continue to meet and work with Connect North Tyneside. The Connect team have begun work with our Year 5 and 6 children which will go on for six weeks. Our SEMH team is made up of Ms Shepherd as SENDco, Mr Capper who has a wealth of experience leading support and inclusion at a large local high school, Mrs Cottiss, and Mr Dillon, who are Senior Mental Health Leads and Mrs Lavery, who is our new Family



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Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 Support Worker. Our team have made connections with North Tyneside Connect Team and has begun working with a number of children and families already with more families coming forward for advice and support. In addition to the team and the partnerships created all families with children at St. Cuthbert's have been sent signup details for the [Wellbeing Hub](#), an online resource with lots of information, help and advice for families which you can access any time you need to. Families can face challenges at different times and The [Wellbeing Hub](#) is an online resource which could possibly be of help. Mrs Lavery works with us every Thursday and you can contact her by email at any time, her address is kiera.lavery@stcuthberts.email



Can we remind all families that you must let us know who is collecting a child after school if you, the person who would normally do the collection, isn't? If you need to change arrangements at the last minute, please phone the school office and let us know. this helps avoid asking the person who has come to collect the child to wait around unnecessarily and helps us ensure all our children are where they are supposed to be. If the person collecting your child is someone we don't know or haven't met often we may ask you for a word or phrase that they can repeat to us, therefore confirming who they are.

If you have any concerns about your child's or another child's safety, including their online safety, or questions about behaviour, we always ask that you speak to us at school. It is important that we are part of discussions that may be happening around children's behaviour and welfare. We record incidents and concerns electronically on our CPOMS system and we work very closely with Clennell



Education Solutions to make sure all our staff are up to date with the best safeguarding training available and to provide leading professional advice when requested. This means that we have a broad picture of anything that is happening at school and, with your help, we can make sure any concerns are addressed quickly and do not escalate or lead to children or families falling out. If you have a concern that you feel needs attention immediately, and it is outside of normal school hours, you can contact the North Tyneside Safeguarding Team's Front Door service on 0345 2000 109 during office hours or 0330 333 7475 during the evening or at weekends. We work in partnership with the team and they will inform us at school of any referrals made to them during weekends, evenings, and holidays when school is closed. You can also find out more information about safeguarding in North Tyneside on their [website](#) and our [school website](#).

We are asking all families to make sure you pre-order your children's lunches as this is the only way to ensure they get what they want each lunchtime. All children who have a school lunch must pre-order- this includes children in Reception Class, Year 1 and Year 2 who are all entitled to free school meals through the Infant Free School meals scheme.

Thank you once again to everyone who has signed up for your Appetite account and to everyone who is using it to pre-order children's school lunches. It is very, very important



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Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 that you get your account set up as it allows you to see the menu for the coming weeks, including all the dietary and nutritional information you might want to see. No child will ever be left hungry and the staff in our kitchen know all our children well. If you have any questions about the new school meals system or menu, or need help with the app or using the Appetite service online, please get in touch with us at school.

We would like to remind families that we have a no-jewellery policy for children at St. Cuthbert's, the only exceptions to this are that children can wear a watch and if they have their ears pierced they can wear a small stud- not hoops. Can you please make sure your child doesn't wear any jewellery to school, especially on their outdoor learning day when a few have started to wear chains, necklaces, or bracelets. Outdoor learning day clothes should be old clothes, suitable for the weather, that will get dirty and, most likely smell of smoke by the end of the day.

We get lots of questions at school about keeping children safe online when they are away from school. We have begun information posters from National Online Safety and these will be helpful as they provide up-to-date advice on how to manage different services and apps for children at home. The Think You Know website is also very useful for advice and information and you can find it by clicking the link below. The site is aimed at adults and the subjects are about keeping children safe online. <https://www.thinkuknow.co.uk/parents/>



Can we please remind families that for all classes from reception through to year 6 the school day has a 'soft start' meaning that the school gates and doors will open at 8.40 am and children should go straight to their class when they come on to the playground from 8.40 am. The doors and gates then close at 8.55 am when all children should be in their class- anyone who arrives at school after 8.55 am should come to school through the main office. **Children cannot wait alone on the playground or at school gates before 8.40 am as all staff are supervising gates, doors, corridors and classrooms with teachers beginning their teaching at 8.40 am.** Can we also remind everyone that no adults should be in the school building in the morning or at the end of the school day. If you need to speak to a class teacher you can contact them through Tapestry, phone the school office to make an appointment or pass on a message or catch them at the end of the school day once all children have been passed over to their families. Our school day ends at 3.25 pm for all children. Can we also please remind families that dogs, no matter how small, are not permitted through the school gates or on the school playground. We have over 500 people on the playground at the start and end of each day and we all greatly appreciate your help and support in keeping our school as safe as possible and our school days running smoothly for everyone.

Thank you to everyone who has been using Tapestry, keepingintouch@stcuthberts.email, and school phone to keep in touch with school staff. Lines of communication must be kept as open and honest as possible between school and home as we work hard to keep our



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As highlighted in the past, we don't use Facebook or WhatsApp or any other social media apart from Twitter (which we don't use to answer questions), and we won't be setting up accounts on either medium. If you have any questions, or concerns, or need to chat with a member of staff at school please make sure you use one of three methods we have put in place:

- **Email keepingintouch@stcuthberts.email You should email this address if you want to discuss or inform of us anything that is more confidential. Emails to this address are only read by Mrs. Cottiss and Mr. Dillon. Please do not use this email for day-to-day things like questions about what is happening at school or to let us your child will be picked up early for an appointment. We cannot guarantee that your question will be answered on time this will only happen by contacting the school office.**
- **Phone 0191 691 9876 and arrange an agreed-upon time to chat with someone. Use the school phone number to advise us of absence from school, and for questions about day-to-day things. **Phoning school during the school day remains the best way to get in touch.****

If you have not yet activated your Tapestry account or if you are having trouble accessing it please let us know as soon as possible. Tapestry is one of the main ways we keep in touch with families and it is important that you can receive messages and posts from it even if you don't use it a lot yourself.

We work continuously with all staff and children to keep children and everyone at St. Cuthbert's safe at all times. Our current Child Protection and Safeguarding Policy and further information is on our school website,

<https://www.stcuthbertsrcprimary.co.uk/safeguarding> and they outline our approaches and policies to safeguarding throughout school. You will also find a copy of our safeguarding policy that we share with the children. It has been written to be accessible to the children and goes alongside all the work we do with them throughout the year. We teach safeguarding and staying safe through many different subjects and you will see the weekly online safety posters we add to every newsletter that we send out. Throughout the year we also have online safety lessons with all children and these range in topic from what to do if a child feels unsafe, how to create the best usernames and passwords and how to judge if the information you are reading or watching is genuine and accurate. We also hold online safety sessions for families each year to help you keep your children safe online at home. If you have any questions about safeguarding at St. Cuthbert's please get in touch by emailing keepingintouch@stcuthberts.email or speaking to Mr Dillon or Mrs Cottiss who you can find on the school playground at the start of each day or by phoning the school office.

Can we ask that all items of children's uniform have their name written clearly on the label please. We had an incredible amount of uniform and other items of clothing left behind at school before the summer, and that was after weeks of having the uniforms out on the



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Thank you for your fantastic, continued support, stay safe and God bless,
Shaun Dillon



Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801. Our weekly E-Safety information posters now come with a link to the National Online Safety website and further resources, including podcasts and more explanations about the app or service highlighted each week. You can access the resources by clicking here [Wake Up Wednesday](#).

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators ELECTRICAL SAFETY AND DEVICES

Electrical safety is a vital topic for parents and educators, especially with the growing use of devices like smartphones, laptops, and power banks. Electrical fires are a major risk and are the cause of many deaths and injuries each year. There are reportedly nearly 20,000 accidental fires of electrical origin each year in the UK. This guide offers practical advice to help families and schools prevent electrical hazards, and promote safety when using everyday devices.

1 CHECK FOR OVERHEATING

Devices such as laptops, tablets, and smartphones can overheat if used for long periods or when charging. Ensure that children don't use devices on soft surfaces like beds or sofas, which can block ventilation. If a device becomes unusually hot, turn it off and unplug it. Overheating can lead to fire hazards if left unchecked.

2 INSTALL RESIDUAL CURRENT DEVICES

Ensure that homes and schools are equipped with Residual Current Devices (RCDs). These devices cut off the power if an electrical fault occurs, preventing electric shocks and reducing the risk of fires. RCDs should be tested regularly to ensure they are working properly. More information about RCDs is available from Electrical Safety First.

3 AVOID OVERLOADING SOCKETS

Plugging too many devices into one socket can overload the electrical system and cause a fire. In schools and homes, ensure extension leads are not overloaded and never 'daisy chain' multiple extension cords together. Educate children on the dangers of connecting too many devices to a single outlet.

4 POWER BANKS: SAFE USE

Power banks are a handy way to charge devices, but they can also pose a risk if misused. Ensure power banks are of high quality and comply with UK safety standards. Teach children never to leave power banks charging unattended, and to avoid placing them under pillows or bedding where they may overheat.

5 REGULAR DEVICE INSPECTIONS

Regularly check devices for signs of wear and tear. Frayed charging cables, cracked device casings, or devices that are slow to charge may indicate electrical problems. If any issues are noticed, stop using the device until it can be repaired or replaced by a qualified technician. This proactive approach helps prevent fires caused by faulty devices.

6 UNPLUG DEVICES WHEN NOT IN USE

Encourage children and pupils to unplug devices when not in use, particularly overnight. Devices left plugged in unnecessarily can overheat or become fire hazards, especially if left charging unattended for long periods. Simple habits like unplugging can prevent serious incidents.

7 USE GENUINE CHARGERS

Always use chargers supplied by the manufacturer or from a reputable retailer. Faulty or counterfeit chargers can cause devices to overheat, short-circuit, or even catch fire. Teach children the importance of avoiding poor-quality chargers, and regularly inspect charging cables for signs of wear or damage. More tips on safe charging can be found at Electrical Safety First.

8 WATER & ELECTRICITY DON'T MIX

Teach children that water and electricity are a dangerous combination. Devices should never be used near sinks, bathtubs, or swimming pools. Parents and educators should ensure that any electrical appliances near water sources have proper waterproof casings and are plugged into RCD-protected outlets.

9 KEEP DEVICES VENTILATED

Devices need proper ventilation to avoid overheating. Avoid stacking items on top of plugged-in devices like laptops or gaming consoles, and make sure there is enough space around devices to allow for airflow. Proper ventilation helps prevent dangerous heat build-up, reducing the risk of fires.

10 SUPERVISE YOUNG CHILDREN

Younger children may not understand the dangers of electricity, so it's important to supervise them when they are using devices. Keep electrical cords out of reach and always remind children never to put objects into electrical outlets.

Meet Our Expert

James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings as well as many other industries to help them maintain a safe working environment.



The National College®

See full reference list on our website

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PE and Outdoor Learning Timetables 2025/2026

Children should come to school wearing their PE kit on their PE day.

PE	
Day	Class
Monday	
Tuesday	Year 3
Wednesday	Year 1, Year 6
Thursday	Reception Class, Year 2, Year 5
Friday	Year 4

We have a timetable for outdoor learning but classes will take learning outdoors as often as they can throughout the week. **Children should wear old clothes (which are appropriate for climbing, getting mucky and possibly smelling of smoke), on their outdoor learning day.** PE kit on PE day and school uniform on all other days. If an outdoor learning day is the same as a PE then children should wear PE kit that is suitable for outdoors and whatever weather we are forecast to have.

Outdoor Learning Dates

Nursery	(Friday)
Reception	(Friday)
Year 1	(Tuesday)
Year 2	(Tuesday)
Year 3	(Wednesday)
Year 4	(Wednesday)
Year 5	(Monday)
Year 6	(Monday)



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Date	Time	Event	Location
08/12/2025	Morning	EYFS trip to Fenwick's window	
09/12/2025	Morning	EYFS Christmas Party	School hall
09/12/2025	Afternoon	Year 1 and year 2 Christmas Party	School hall
10/12/2025	Afternoon	Year 5 and Year 6 Christmas Party	School hall
11/12/2025	All day	Christmas Jumper Day & Christmas Dinner	School hall
11/12/2025	Afternoon	Year 3 and Year 4 Christmas party	School hall
12/12/2025	2.30pm	3 rd Advent service	School hall
15/12/2025	Afternoon	Whole school panto	Saville Exchange
17/12/2025	9.30am	Whole school Christmas Mass	St. Cuthbert's Church
17/12/2025	Evening	Key Stage 2 Carol Service	TBC
19/12/2025	2.30pm	4 th Advent service	School hall