

St. Cuthbert's PE Curriculum Overview 2023/ 2024



Class	Term					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE Units 1 & 2, OAA		Dance Unit 1 & Gymnastics Unit 1		Ball Skills Units 1 & 2	
Reception Class	Introduction to PE Units 1 & 2, OAA	Fundamentals Units 1 & 2	Dance Unit 2	Gymnastics Unit 2	Games Units 1 & 2	
Year 1	Fundamentals	Fitness	Team Building OAA	Ball Skills	Invasion Games- Net & Wall	Athletics
Year 2	Fundamentals	Fitness	Dance	Sending& Receiving	Target Games- Invasion	Striking& Fielding
Year 3	Lower KS2 Fundamentals	Dance	Gymnastics	Cricket	Tennis	Swimming
Year 4	Hockey/ Tag Rugby	Handball	Dance	Cricket	Lower KS2 Ball Skills Tag Rugby	Athletics& Rounders
Year 5	Cycling& OAA	Fitness	Basketball	Skipping	Football Cycling	Athletics Cycling
Year 6	Cycling& OAA	Fitness	Dodgeball	Netball Cycling	Tag Rugby Cycling	Athletics Cycling